

## CAMPUS/COMMUNITY RESOURCES

Compiled by the Margaret Sloss Women's Center

Updated 8/05/08

**Organizations/Resources below will be grouped into eight categories:**

Medical/Wellness

Education/Counseling

Rent/Utility Assistance

Referrals

Child care Assistance

Volunteer Opportunities

Food/Clothing/Furniture Banks

Employment/Financial Assistance

| Name  | Contact Information   | Description  | Category (ies)   |
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| ACCESS<br>(Assault Care Center Extending Shelter & Support) | 24 hour crisis line<br>515-292-5378 or (800)203-3488<br>Business 515-292-0500<br><a href="http://www.assaultcarecenter.org">www.assaultcarecenter.org</a> | <ul style="list-style-type: none"> <li>▪ Telephone Crisis Counseling</li> <li>▪ Individual &amp; Group counseling for assault/domestic violence</li> <li>▪ Volunteer available @ Women's Center</li> <li>▪ Shelter for battered women &amp; rape victims</li> <li>▪ Volunteer opportunities</li> </ul> | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> </ul> |
| Alanon  | 515-233-6312<br>1201 McCormick Ave<br>Ames, IA<br><a href="http://www.iowa-al-anon-alateen.org/">http://www.iowa-al-anon-alateen.org/</a>                 | <ul style="list-style-type: none"> <li>▪ Services to anyone who has been affected by alcoholism.</li> <li>▪ Individual &amp; Group Support services</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Wellness</li> </ul>  |
| American Red Cross  | 515-232-5104<br>426 5 <sup>th</sup> St<br>Ames, IA<br><a href="http://www.lincolnwayarc.org">http://www.lincolnwayarc.org</a>                             | <ul style="list-style-type: none"> <li>▪ Disaster Assistance (fire/flood)</li> <li>▪ Disaster Training/Preparedness</li> <li>▪ Health/Safety Training (CPR, First Aid)</li> <li>▪ Volunteer opportunities</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> </ul> |
| Augustana Lutheran Church                                   | 515-432-5910<br>309 S. Greene St<br>Boone, IA 50036<br><a href="http://www.augustanaboone.org/">http://www.augustanaboone.org/</a>                        | <ul style="list-style-type: none"> <li>▪ Clothing</li> <li>▪ Food pantry</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul>   |

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| <p>Beloit Center<br/>Lutheran<br/>Social Services</p>              | <p>515-232-7262<br/>1323 Northwestern<br/>Ames, IA 50010<br/><a href="http://www.lsiowa.org/residential_treatment.asp">http://www.lsiowa.org/residential_treatment.asp</a></p> | <ul style="list-style-type: none"> <li>▪ Residential treatment (ages 6-15)</li> <li>▪ Persons w/disabilities (mostly children)</li> <li>▪ Crisis child care (up to 3 days)</li> <li>▪ Volunteer opportunities – must qualify</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> </ul>  |
| <p>Bethesda<br/>Lutheran Church</p>                                | <p>515-232-6256<br/>1517 Northwestern<br/>Ames, IA 50010<br/><a href="http://www.bethesda.net.org">http://www.bethesda.net.org</a></p>   | <ul style="list-style-type: none"> <li>▪ Food pantry &amp; clothing bank</li> <li>▪ M/W 9:30-11:00 AM; T 6:30-8:00 PM, can visit once a month</li> <li>▪ Thanksgiving &amp; Christmas baskets</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul>  |
| <p>Beyond Welfare</p>  | <p>515-292-5992<br/>130 S Sheldon Ste 302<br/>Ames, IA 50010<br/><a href="http://www.beyondwelfare.org">http://www.beyondwelfare.org</a></p>                                   | <ul style="list-style-type: none"> <li>▪ Referral &amp; support group</li> <li>▪ Weekly Thursday meetings (child care, meal provided)</li> <li>▪ Circles of Support allow participants to network and build relationships across social, gender &amp; ethnic lines</li> <li>▪ Assists with getting a vehicle for work/school purposes</li> <li>▪ Volunteers welcome/encourages</li> </ul> | <ul style="list-style-type: none"> <li>Education</li> <li>Counseling</li> <li>▪ Employment Assistance</li> <li>Financial Assistance</li> <li>Volunteer Referrals</li> </ul>             |
| <p>Birthright</p>  | <p>292-8414<br/>108 Hayward<br/><a href="http://www.birthright.org/">http://www.birthright.org/</a></p>  | <ul style="list-style-type: none"> <li>▪ Free pregnancy testing</li> <li>▪ Lending program for Maternity/Infant clothes &amp; other baby items</li> <li>▪ Housing, legal, medical, &amp; social agency referrals</li> <li>▪ Adoption information</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> <li>▪ Medical</li> <li>▪ Wellness</li> <li>▪ Volunteer</li> <li>▪ Referrals</li> </ul> |
| <p>Boone County<br/>Prevention &amp;<br/>Community<br/>Service</p> | <p>515-433-7995<br/>1015 Union St #386<br/>Boone, IA 50036</p>   | <ul style="list-style-type: none"> <li>▪ Recovery/Substance Abuse counseling (individual &amp; group basis) on a sliding fee scale</li> <li>▪ Free financial counseling for Boone County residents</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> </ul>  |

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| CFARI (Center for Addictions Recovery)           | 515-232-3206<br>1619 S. High Avenue<br>Ames, IA 50010<br>515-433-0369<br>Boone, IA 50036  | <ul style="list-style-type: none"> <li>▪ Court-mandated &amp; voluntary substance abuse counseling</li> <li>▪ Outpatient and extended care treatment</li> <li>▪ Assessment</li> <li>▪ Substance abuse education for individuals and groups</li> <li>▪ Referrals as needed to inpatient facilities</li> <li>▪ Volunteer/Internship opportunities for qualified applicants</li> </ul> | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> </ul>                      |
| Calvary United Methodist Church                  | 515-232-6329<br>1403 24 <sup>th</sup> St<br>Ames, IA 50010  | <ul style="list-style-type: none"> <li>▪ Food pantry on T from 2-3:30 (once a month)</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul>   |
| Catholic Charities Thomas Aquinas Student Center | 515-296-2759<br>2210 Lincoln Way<br>Ames, IA 50010<br><a href="http://www.staparish.net">http://www.staparish.net</a>   | <ul style="list-style-type: none"> <li>▪ Free or sliding scale (\$1-\$80/visit based on budget) Non-denominational counseling available to general public – provided by licensed mental health counselor</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> </ul>                      |
| Center for Childcare Resources                   | 515-294-8833<br>100 University Village<br>Ames, IA 50010<br><a href="http://www.centraliowachildcare.org/about/storycounty.html">http://www.centraliowachildcare.org/about/storycounty.html</a> | <ul style="list-style-type: none"> <li>▪ Resources for locating childcare, and may be able to provide financial assistance</li> <li>▪ Provides services and training for childcare providers and helps to start up childcare services</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Childcare</li> <li>▪ Referrals</li> </ul>                       |
| Center for Creative Justice                      | 292-3820<br>210 Lynn Ave<br><a href="http://www.creativejustice.org">http://www.creativejustice.org</a>   | <ul style="list-style-type: none"> <li>▪ Conflict management education</li> <li>▪ Volunteer opportunities</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> </ul> |
| Central Iowa Regional Housing Authority (CIRHA)  | 986-1882<br>1201 Gateway Drive<br>Grimes 50111<br><a href="http://www.cirhahome.org">http://www.cirhahome.org</a>   | <ul style="list-style-type: none"> <li>▪ Housing assistance for low-income families in Story &amp; Boone counties</li> <li>▪ Not available in Ames</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Housing</li> </ul>  |

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| Comfort Zone                       | 515-294-3333<br>100 University Village<br>Iowa State University<br>Ames, IA 50011<br><a href="http://www.iastate.edu/~ucc/comfort.zone.htm">http://www.iastate.edu/~ucc/comfort.zone.htm</a>        | <ul style="list-style-type: none"> <li>▪ Provides childcare for ill children who are unable to attend school or regular childcare</li> <li>▪ Registered Nurse on duty at all times</li> <li>▪ Must be pre-registered (stop during business hours to complete necessary paperwork)</li> <li>▪ Free to ISU students</li> </ul> | <ul style="list-style-type: none"> <li>▪ Childcare</li> </ul>  |
| Consumer Credit Counseling Service | 296-1968<br>1508 S Duff Ste 300<br>Ames, IA 50010<br><a href="http://www.cccsintl.org">http://www.cccsintl.org</a>  | <ul style="list-style-type: none"> <li>▪ Non-profit accredited agency w/nationally certified counselors that give free budget and housing counseling to those in need</li> <li>▪ Credit Report review</li> <li>▪ Debt repayment plans</li> <li>▪ Bill paying</li> <li>▪ Educational courses</li> </ul>                       | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Financial assistance</li> <li>▪ Employment assistance</li> </ul> |
| Crisis Child Care Program          | 515-460-2423<br>1323 Northwestern Ave.<br>Ames, IA 50010<br><a href="mailto:Carol.schroeder@lsiowa.org">Carol.schroeder@lsiowa.org</a><br><a href="Http://www.lsiowa.org">Http://www.lsiowa.org</a> | <ul style="list-style-type: none"> <li>▪ Free temporary/emergency childcare for families who are experience family, medical, etc. crises and lack adequate child care (ages 0-12)</li> <li>▪ Children will be placed in one of registered child care homes in Story County for up to 72 hours</li> </ul>                     | <ul style="list-style-type: none"> <li>▪ Child care</li> </ul>   |
| Department of Human Services       | 515-956-2580<br>126 S Kellogg Ste 101<br>Ames, IA 50010<br><a href="http://www.dhs.state.ia.us/index.html">http://www.dhs.state.ia.us/index.html</a>  | <ul style="list-style-type: none"> <li>▪ Utility and rent assistance</li> <li>▪ Case management for services aimed at protecting children and improving family function with the ultimate goal of preventing out-of-home placement.</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Rent/Utility Assistance</li> <li>▪ Employment/Financial Assistance</li> </ul>         |
| DES Staffing Services              | 515-233-8400<br>120 Kellogg Ste S<br>Ames, IA 50011<br><a href="mailto:jobs@descompanies.com">jobs@descompanies.com</a><br>FAX: 515-233-8900  | <ul style="list-style-type: none"> <li>▪ Providing services to individuals looking for employment.</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Employment Assistance</li> <li>▪ Financial Assistance</li> </ul>                      |

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| DHS (Story County Dept of Human Services) | 515-292-2035<br>125 S Kellogg Ave #201<br>Ames, IA 50010<br><a href="http://www.dhs.state.ia.us">www.dhs.state.ia.us</a>  | <ul style="list-style-type: none"> <li>▪ Financial assistance</li> <li>▪ Food stamps</li> <li>▪ Family Investment Program (rental asst)</li> <li>▪ Child care assistance</li> <li>▪ Health care coverage and more</li> <li>▪ Emergency utility/rent assistance (must have minor child and disconnect/eviction notice)</li> </ul> | <ul style="list-style-type: none"> <li>▪ Employment</li> <li>▪ Financial Asst</li> <li>▪ Medical</li> <li>▪ Wellness</li> <li>▪ Child care</li> <li>▪ Utility/Rent Asst</li> <li>▪ Referrals</li> </ul> |
| DMACC                                     | 515-964-6280<br>2006 S Ankeny Blvd<br>Ankeny, IA 50023<br>800-362-2127<br>FAX: 515-964-6391<br><a href="http://www.dmaccc.cc.ia.us/">http://www.dmaccc.cc.ia.us/</a>                | <ul style="list-style-type: none"> <li>▪ Basic dental services at reduced prices (\$25/cleaning, \$15/X-Rays)</li> <li>▪ Reduced rates for Medicaid patients (\$3 each for cleanings &amp; sealants)</li> <li>▪ No special procedures</li> <li>▪ Call for appointment</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Medical</li> <li>▪ Wellness</li> </ul>   |
| Dean of Students                          | 515-294-1020<br>1010 Student Services Bldg<br>Iowa State University<br>Ames, IA 50010<br><a href="http://www.dso.iastate.edu">www.dso.iastate.edu</a>                               | <ul style="list-style-type: none"> <li>▪ Resources and assistance for academic and personal well-being</li> <li>▪ Counseling</li> <li>▪ Tutoring</li> <li>▪ Legal and judicial issues</li> <li>▪ Financial concerns</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Referrals</li> </ul>  |
| Emergency Residence Project               | 515-232-8075<br>225 S Kellogg<br>Ames, IA 50010<br><a href="http://www.public.iastate.edu/~tastaub/erp.-1.html">http://www.public.iastate.edu/~tastaub/erp.-1.html</a>              | <ul style="list-style-type: none"> <li>▪ Provides short-term shelter and food for adults facing homelessness due to eviction</li> <li>▪ Transitional housing for families for up to 1 year</li> <li>▪ Provides emergency utility assistance</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Employment/Financial Assistance</li> <li>▪ Housing</li> <li>▪ Rent/Utility Assistance</li> </ul>   |
| Financial Counseling Clinic               | 515-294-9533<br>4380 HDFS Palmer Bldg<br>Iowa State University<br>Ames, IA 50010<br><a href="http://www.hdfs.hs.iastate.edu/financial">http://www.hdfs.hs.iastate.edu/financial</a> | <ul style="list-style-type: none"> <li>▪ Free counseling for ISU students concerning any and all financial topics, including investment strategies, budgeting, loan consolidation, etc.</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Ed/Counseling</li> </ul>   |

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| First Evangelical Free Church                  | 515-232-2765<br>2008 24 <sup>th</sup> St<br>Ames, IA 50010<br><a href="http://www.amesefc.org/">http://www.amesefc.org/</a>  | <ul style="list-style-type: none"> <li>▪ Food Pantry T 2-4, R 9-12 (once every other month for 6 months, then once every 6 months)</li> <li>▪ ESL classes \$25/text, \$15/registration, childcare provided for a fee -- 4 levels, classes coincide w/semesters</li> <li>▪ Classes offered M/R 10-11</li> </ul> | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> <li>▪ Education</li> </ul>                 |
| First United Methodist                         | 515-232-2750<br>516 Kellogg<br>Ames, IA 50010<br><a href="http://www.fumcomes.org/">http://www.fumcomes.org/</a>   | <ul style="list-style-type: none"> <li>▪ Free meals Sun/M/T/R 5:30-6:15, Sat 11:30-12:15</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul>                                      |
| Free Medical Clinic                            | 515-233-3141<br>Basement Youth & Shelter Services Bldg.<br>420 Kellogg Ave<br>Ames, IA 50010   | <ul style="list-style-type: none"> <li>▪ Free medical care and prescriptions for Story County</li> <li>▪ Residents w/no health insurance</li> <li>▪ First come/first serve</li> <li>▪ Staffed by volunteer doctors and nurses from Ames</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Medical/Wellness</li> </ul>  |
| Grand Ave Baptist Church                       | 515-232-8803<br>612 24 <sup>th</sup> St<br>Ames, IA 50010<br><a href="http://www.grand-avenue.org/">http://www.grand-avenue.org/</a>                                     | <ul style="list-style-type: none"> <li>▪ Food pantry by appointment only</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul>                                      |
| Good Neighbor Emergency Assistance Cooperative | 515-296-1449<br>422 5 <sup>th</sup> St<br>Ames, IA 50010   | <ul style="list-style-type: none"> <li>▪ Rent/Utility assistance &amp; food vouchers for families (must provide denials from MICA and Story County Community Services)</li> <li>▪ M-F 9:00-12:00 (Must call for appointment)</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Volunteer</li> <li>▪ Employment/Financial Assistance</li> <li>▪ Rent/Utility Assistance</li> </ul> |
| Emergency Residence Project (ERP)              | 515-232-8075<br>225 S Kellogg Ave<br>Ames, IA 50010<br><a href="http://www.public.iastate.edu/~tastaub/erp-1.html">http://www.public.iastate.edu/~tastaub/erp-1.html</a> | <ul style="list-style-type: none"> <li>▪ Provide overnight shelter and meals.</li> <li>▪ Can provide short-term shelter for up to two weeks for 16 people in the emergency shelter.</li> <li>▪ Provides transitional shelter.</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Rent/Utility Assistance</li> </ul>   |

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| Habitat for Humanity of Central Iowa                        | 515--232-8815<br>401 Clark Ave Suite 100<br>Ames, IA 50010<br><a href="http://www.hfhci.org">http://www.hfhci.org</a>   | <ul style="list-style-type: none"> <li>▪ Builds and sells simple, decent houses to low income families through no-interest mortgage loans</li> <li>▪ Construction &amp; non-construction volunteer opportunities</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Housing</li> <li>▪ Volunteer</li> </ul>                                   |
| Hawk-I Healthy Kids in Iowa                                 | 800-257-8563<br><a href="http://www.uihelathcare.com/depts/socialservice/financialresources/hawk1.org">http://www.uihelathcare.com/depts/socialservice/financialresources/hawk1.org</a>                               | <ul style="list-style-type: none"> <li>▪ No-cost or low-cost health care coverage for children under 19 years</li> <li>▪ Covers doctor visits, in and out patient hospital care, prescriptions, speech therapy, hearing, vision, and dental services, chiropractic care, well-child visits and vaccines/shots, emergencies, surgery, mental health, and substance abuse care</li> <li>▪ Application required</li> <li>▪ Children must be uninsured, ineligible for Medicaid, Iowa residents, and U.S. citizens or resident aliens</li> <li>▪ Family must meet income guidelines</li> </ul> | <ul style="list-style-type: none"> <li>▪ Medical</li> <li>▪ Wellness</li> </ul>                                    |
| Help Center (Previously Jesus' Right Hand)                  | 515-232-3074<br>110 Duff<br>Ames, IA 50010  | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Pantry (T 10-11 for emergencies only, R 10-2)</li> <li>▪ Can visit 3 times in 6 months</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> <li>▪ </li> </ul> |
| Helping Hands Temporary Service                             | 515-233-5960<br>103 E 6 <sup>th</sup> St Suite 105<br>Ames, IA 50010  |  | <ul style="list-style-type: none"> <li>▪ Employment/ Financial Assistance</li> </ul>                               |
| ISU Lesbian Gay Bisexual Transgender Ally Alliance (LGBTAA) | 515-294-2104<br>G46 East Student Office Space Memorial Union<br>Iowa State University (Student Organization)<br>Ames, IA 50011<br><a href="http://alliance.stuorg.iastate.edu">http://alliance.stuorg.iastate.edu</a> | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Support</li> <li>▪ Referral resources on LGBT issues</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Referrals</li> </ul>                                 |

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| ISU YMCA                              | 515-294-2263<br>109 Lab of Mechanics<br>Iowa State University<br>Ames, IA 50011<br><a href="http://www.stuorg.iastate.edu/ymca">http://www.stuorg.iastate.edu/ymca</a>                        | <ul style="list-style-type: none"> <li>▪ Wide variety of volunteer opportunities for ISU students</li> <li>▪ Organizes many engaging programs/events &amp; families in the community</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Referral</li> </ul>  |
| ISU YWCA                              | 515-294-1663<br>210 Lab of Mechanics<br>Iowa State University<br>Ames, IA 50011<br><a href="http://www.ywca.org/amesiowa">http://www.ywca.org/amesiowa</a>                                    | <ul style="list-style-type: none"> <li>▪ Maintains babysitter database free to ISU students</li> <li>▪ Volunteer &amp; Internship opportunities</li> <li>▪ Special support for international students &amp; spouses</li> <li>▪ Engaging programs/events for children &amp; families in community</li> </ul>                    | <ul style="list-style-type: none"> <li>▪ Child care</li> <li>▪ Education</li> <li>▪ Volunteer</li> </ul>                     |
| ISU Margaret Sloss Women's Center     | 515-294-4154<br>Sloss House<br>Iowa State University<br>Ames, IA 50011<br><a href="http://www.dso.iastate.edu/wc">http://www.dso.iastate.edu/wc</a>   | <ul style="list-style-type: none"> <li>▪ Support &amp; education networks for a variety of issues</li> <li>▪ Resource &amp; referral system</li> <li>▪ ACCESS volunteer counselor available (call ahead for times)</li> <li>▪ Volunteer opportunities</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Referrals</li> <li>▪ Volunteer</li> </ul>                      |
| ISU International Students & Scholars | 515-294-1120<br>3248 Memorial Union<br>Iowa State University<br><a href="http://www.isso.iastate.edu/">http://www.isso.iastate.edu/</a>   | <ul style="list-style-type: none"> <li>▪ Information, assistance, and counseling for internationals (including students, faculty, &amp; staff)</li> <li>▪ Cross-cultural learning</li> <li>▪ Mentoring &amp; peer support groups</li> <li>▪ Tax and immigration assistance</li> <li>▪ International Student council</li> </ul> | <ul style="list-style-type: none"> <li>▪ Ed/Counseling</li> <li>▪ Referrals</li> <li>▪ Volunteer</li> </ul>                  |
| ISU Student Counseling Services       | 515-294-5056<br>3 <sup>rd</sup> Floor Student Services Building<br>Iowa State University<br><a href="http://www.public.iastate.edu/~stdtcouns/">http://www.public.iastate.edu/~stdtcouns/</a> | <ul style="list-style-type: none"> <li>▪ Counseling services offered to students include: individual, group, couples, substance abuse assessment, eating disorder, and career counseling.</li> <li>▪ They also offer crisis consultation, outreach programming, and professional training/internships.</li> </ul>              | <ul style="list-style-type: none"> <li>▪ Wellness</li> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Referrals</li> </ul> |

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| Iowa Workforce Development Center                               | 515-232-6572<br>122 Kellogg<br>Ames, IA 50011<br><a href="http://www.iowaworkforce.org/">http://www.iowaworkforce.org/</a>   |   | <ul style="list-style-type: none"> <li>▪ Employment Assistance</li> <li>▪ Financial Assistance</li> </ul>  |
| Krysilis  | 382-5220<br>221 S 11 <sup>th</sup> St<br>Nevada, IA 50201<br><a href="http://www.krysilis.org">http://www.krysilis.org</a>   | <ul style="list-style-type: none"> <li>▪ Volunteer opportunities (including mentoring and working with disabled adults)</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Volunteer</li> </ul>  |
| Legal Aid Society of Story County (*see Student Legal Services) | 515-382-2471<br>937 6 <sup>th</sup> St<br>Nevada, IA 50201<br><a href="http://www.midiowa.net/~/legalaidstory">http://www.midiowa.net/~legalaidstory</a>                                 | <ul style="list-style-type: none"> <li>▪ Free/low cost legal representation for residents of Story County and all ISU students</li> <li>▪ \$10-\$25 intake fee depending on income</li> <li>▪ ISU students must contact campus legal services first</li> <li>▪ Limited to civil law matters including domestic abuse, landlord relations and probate matters</li> </ul> | <ul style="list-style-type: none"> <li>▪ Education</li> </ul>  |
| Living with HIV Program   | 515-956-3312<br>Kaycee Robinson<br><a href="mailto:kaycee.robinson@micaonline.org">kaycee.robinson@micaonline.org</a><br>126 S Kellogg Suite 1<br>Ames, IA 50010                         | <ul style="list-style-type: none"> <li>▪ Case management support including physician referrals, prescription drug program enrollment &amp; assistance</li> <li>▪ Applying for aid</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> </ul>  |
| “Love Your Neighbor” Program                                    | 515-292-3810<br>St. Thomas Aquinas Church<br>2210 Lincoln Way<br>Ames, IA<br><a href="http://www.staparish.net/cjp/staprograms.shtml">http://www.staparish.net/cjp/staprograms.shtml</a> | <ul style="list-style-type: none"> <li>▪ Financial assistance for rent, utilities, emergency, medicines</li> <li>▪ Must show denial from DHS &amp; MICA</li> <li>▪ By appointment only</li> <li>▪ 1 payment (\$150-\$200) per family per year</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Employment/Financial Assistance</li> <li>▪ Volunteer (ask to speak to John)</li> <li>▪ Medical/Wellness</li> <li>▪ Rent/Utility Assistance</li> </ul> |

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| <p>ManPower<br/>Temporary<br/>Service</p>           | <p>515-232-2340<br/>1103 Buckeye Suite 101<br/>Ames, IA 50010<br/><a href="http://www.us.manpower.com">http://www.us.manpower.com</a></p>  |   | <ul style="list-style-type: none"> <li>▪ Employment Assistance</li> <li>▪ Financial Assistance</li> </ul>  |
| <p>Marriage &amp;<br/>Family Therapy<br/>Clinic</p> | <p>515-294-0534<br/>1010L HDFS Palmer Bldg #331<br/>Iowa State University<br/>Ames, IA 50011<br/><a href="http://www.hdfs.hs.iastate.edu/marriage/clinic">http://www.hdfs.hs.iastate.edu/marriage/clinic</a></p> | <ul style="list-style-type: none"> <li>▪ Counseling for couples and families by grad students (premarital, divorcing couples, family enrichment)</li> <li>▪ Sliding scale fees</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Ed/Counseling</li> </ul>  |
| <p>Memorial<br/>Lutheran Church</p>                 | <p>515-292-5005<br/>2228 Lincoln Way<br/>Ames, IA 50010<br/><a href="http://www.memoriallutheranchurch.org/">http://www.memoriallutheranchurch.org/</a></p>  | <ul style="list-style-type: none"> <li>▪ ESL classes (books available for purchase – various levels taught on MW 10-11)</li> <li>▪ TOEFL exam prep class @ 2 PM on Mondays</li> <li>▪ Bessie Flick for placement &amp; registration</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> </ul>  |
| <p>Mid-Iowa<br/>Community<br/>Action (MICA)</p>     | <p>515-956-3333<br/>126 S. Kellogg Ave. #1<br/>Ames, IA 50010<br/><a href="http://www.mica">http://www.mica</a></p>  | <ul style="list-style-type: none"> <li>▪ Emergency Utility Assistance(disconnect notice, within income guidelines)</li> <li>▪ Non-emergency heating assistance (11/1-4/15 – call for appt)</li> <li>▪ Scholarships for Ames Parks &amp; Rec</li> <li>▪ Telephone assistance program</li> <li>▪ Food pantry (once every 3 months, Story County residents only, M-F 8:30-5:00)</li> <li>▪ Volunteer opportunities</li> <li>▪ Family Dev &amp; Self-Sufficiency Program</li> </ul> | <ul style="list-style-type: none"> <li>▪ Utility/Rent</li> <li>▪ Child care</li> <li>▪ Medical/Wellness</li> <li>▪ Volunteer</li> <li>▪ Counseling</li> <li>▪ Referrals</li> <li>▪ Employment</li> <li>▪ Financial Asst</li> </ul> |

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| Nevada Community Resource Center   | 515-382-1600<br>1311 12 <sup>th</sup> St<br>Nevada, IA 50201   | <ul style="list-style-type: none"> <li>▪ After school/summer child care</li> <li>▪ Community Education classes for adults &amp; children</li> <li>▪ Service referrals &amp; resources</li> <li>▪ Volunteer opportunities (with background check)</li> </ul>                          | <ul style="list-style-type: none"> <li>▪ Child care</li> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> <li>▪ Referrals</li> </ul> |
| People Place                       | 515-233-1677<br>219 6 <sup>th</sup> St<br>Ames, IA 50010<br><a href="mailto:peopleplace@lsioa.org">peopleplace@lsioa.org</a>           | <ul style="list-style-type: none"> <li>▪ MELD new parent groups, home visitation program, quarterly workshops all for parent education</li> <li>▪ Drop-ins MW 9:30-11:30 provides child care, can attend lectures by guest speakers or use as study time (donation basis)</li> </ul> | <ul style="list-style-type: none"> <li>▪ Child care</li> <li>▪ Education</li> <li>▪ Counseling</li> </ul>   |
| Planned Parenthood of Greater Iowa | 515-292-1000<br>2530 Chamberlain St.<br>Ames, IA 50010<br><a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>     | <ul style="list-style-type: none"> <li>▪ Provides Reproductive health care and counseling for women of all ages</li> <li>▪ Birth control</li> <li>▪ Pregnancy/Disease Testing</li> <li>▪ Sliding scale fees</li> <li>▪ Abortion counseling</li> </ul>                                | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> </ul>   |
| Promise Jobs                       | 515-956-2589<br>122 Kellogg Ave<br>Ames, IA 50010  | <ul style="list-style-type: none"> <li>▪ Assisting clients become independent through education, employment, and basic skills.</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Child Care</li> <li>▪ Employment</li> <li>▪ Financial Assistance</li> </ul>           |
| Richmond Center                    | 515-232-5811<br>125 S 3 <sup>rd</sup> St. #200<br>Ames, IA 50010<br><a href="http://www.richmondcenter.net">www.richmondcenter.net</a> | <ul style="list-style-type: none"> <li>▪ Childsafe services</li> <li>▪ Counseling for all ages</li> <li>▪ Sliding scale</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> </ul>   |
| St. Cecilia's Church               | 515-233-3092<br>2900 Hoover<br>Ames, IA 50010<br><a href="http://www.stceciliaparish.org/">http://www.stceciliaparish.org/</a>         | <ul style="list-style-type: none"> <li>▪ ESL classes on Th at 10AM or 7 PM – FREE</li> <li>▪ Speak one-on-one to improve conversational English skills</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> </ul>   |

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| St. Patrick's Church                      | 515-382-2974<br>1127 10 <sup>th</sup> St<br>Nevada, IA 50201<br><a href="http://www.stpatricknevada.org">www.stpatricknevada.org</a>   | <ul style="list-style-type: none"> <li>▪ Available for eastern Story County Residents</li> <li>▪ Emergency utility/rent</li> <li>▪ Must have denial from DHS, MICA, etc.</li> <li>▪ Call for appointment</li> <li>▪ Food pantry on Saturdays from 10-11:30</li> </ul>                  | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> <li>▪ Rent Assistance</li> <li>▪ Utility Assistance</li> </ul>   |
| Salvation Army Church                     | 515-432-5770<br>509 Benton St.<br>Boone, IA 50036  | <ul style="list-style-type: none"> <li>▪ Emergency shelter (rent/utility assistance)</li> <li>▪ Food bank</li> <li>▪ SHARE sign-up for reduced price food</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Employment</li> <li>▪ Financial Assistance</li> <li>▪ Rent Assistance</li> <li>▪ Utility Assistance</li> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul> |
| Seventh Day Adventists                    | 232-0472<br>1303 Grand Ave<br>Ames, IA 50010<br><a href="http://www.adventist.org">www.adventist.org</a>   | <ul style="list-style-type: none"> <li>▪ Food Pantry</li> <li>▪ Emergency rent/utility assistance</li> <li>▪ Must show eviction/disconnect notice</li> <li>▪ Children involved</li> <li>▪ Must have denial from DHS, MICA, etc.</li> <li>▪ Call for appointment</li> </ul>             | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> <li>▪ Rent Assistance</li> <li>▪ Utility Assistance</li> </ul>   |
| Single Parent/Displaced Homemakers Center | 515-433-5037<br>1125 Hancock Drive Room 124<br>(Boone DMACC Campus)<br><a href="http://www.dmacc.edu/boone/ianewchoices.asp">http://www.dmacc.edu/boone/ianewchoices.asp</a> | <ul style="list-style-type: none"> <li>▪ Assists in determining career options by providing career, academic, pre-enrollment, and Financial Counseling</li> <li>▪ Referrals and workshops</li> <li>▪ Child care</li> <li>▪ Transportation assistance for eligible residents</li> </ul> | <ul style="list-style-type: none"> <li>Education</li> <li>Counseling</li> <li>Referrals</li> <li>Childcare</li> </ul>   |

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| <p>Story County<br/>Community<br/>Dental Clinic<br/>(part of MICA)</p> | <p>515-956-4595<br/>126 S Kellogg #101<br/>Ames, IA 50010<br/>(Friday 9:00-4:00)</p>   | <ul style="list-style-type: none"> <li>▪ Dental Services for all without dental insurance or who are enrolled in Medicare/Medicaid</li> <li>▪ Must establish proof of residency/income</li> <li>▪ Serves international students</li> <li>▪ \$25 co-pay/\$3 for Medicare/Medicaid</li> <li>▪ Sliding scale for special procedures</li> <li>▪ Tues (P.M.) cleaning appt; 4:15-6:15 emergency walk-ins; Fri. all day appts for cleaning, P.M. for special procedures</li> <li>▪ Starting in Jan-dentist on duty 3 days a week (meaning more availability)</li> </ul> | <p>Medical/Wellness</p>   |
| <p>Story County<br/>Community<br/>Land Trust</p>                       | <p>515-292-3676<br/>130 S Sheldon Ave #304<br/>Ames, IA 50010<br/><a href="http://www.sclt.com">http://www.sclt.com</a></p>              | <ul style="list-style-type: none"> <li>▪ Works to provide affordable housing for low-income, poor credit families (own &amp; rent)</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Housing</li> </ul>                       |
| <p>Story County<br/>Family</p>   | <p><a href="http://www.storycountyfamily.org">http://www.storycountyfamily.org</a></p>   | <ul style="list-style-type: none"> <li>▪ Comprehensive website (provides a directory of Story County resources for parents and service providers)</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Referral</li> </ul> |
| <p>Story County<br/>Medical Center</p>                                 | <p>515-382-2111<br/>636 6<sup>th</sup> St<br/>Nevada, IA 50201<br/><a href="http://www.scmnevada.org/">http://www.scmnevada.org/</a></p> | <ul style="list-style-type: none"> <li>▪ Free Care Program provides necessary medical care to Story County residents who meet income eligibility guidelines and who are uninsured</li> <li>▪ Covers services at any Medical Center clinic in Maxwell, Nevada, Zearing</li> </ul>  | <p>Medical<br/>Wellness</p>   |

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| <p>Story County Sexual Assault Response Team (SART)</p> | <p>515-292-5378<br/> <a href="http://www.dps.iastate.edu/sart/">http://www.dps.iastate.edu/sart/</a></p>   | <ul style="list-style-type: none"> <li>▪ Specially trained professionals from nine agencies provide a community coordinated response to sexual assaults.</li> <li>▪ Members of SART represent the fields of law enforcement, health care, advocacy/counseling, and prosecution and are employed in university, city and county governments, medical clinics, and nonprofits.</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Referrals</li> <li>▪ Wellness</li> </ul> |
| <p>Story County Victim Witness Assistance Program</p>   | <p>515-382-7255<br/>         Story County Courthouse<br/>         1315 South B Avenue<br/>         Nevada, IA 50201<br/> <a href="http://www.storycounty.com/index.aspx?DN=1666,9,6,1,Documents">http://www.storycounty.com/index.aspx?DN=1666,9,6,1,Documents</a></p> | <ul style="list-style-type: none"> <li>▪ Provides:</li> <li>▪ Explanations of the criminal justice process and court procedures</li> <li>▪ Notifications concerning upcoming court hearings, trials, plea negotiations, and case results</li> <li>▪ Assistance in recovering financial losses and other crime related expenses, which are not covered by insurance</li> <li>▪ Information and referrals for victim-offender conferencing, mediation, counseling, and other community resources</li> <li>▪ Provide documentation for victim impact statements and other relevant court documents</li> <li>▪ Address safety concerns</li> <li>▪ Information and references concerning crime victims' rights in Iowa</li> </ul> | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Referral</li> </ul> |

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| Student Legal Services          | 515-294-0978<br>0367 Memorial Union<br>Iowa State University<br>Ames, IA 50011<br>M-F 8:00 am – 11:45 am ; 1:00 pm – 5:00pm<br><a href="http://www.dso.iastate.edu/sls/">http://www.dso.iastate.edu/sls/</a> | <ul style="list-style-type: none"> <li>▪ Free services to students and registered ISU student groups. Students pay their own court costs and out of pocket expenses.</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Family Law &amp; Divorce</li> <li>▪ Criminal Law</li> <li>▪ Landlord – Tenant</li> <li>▪ Off-campus Employment</li> <li>▪ Consumer Issues</li> <li>▪ Administrative Issues</li> <li>▪ Notary Services</li> </ul> |
| Suited for Work Clothing Closet | 515-232-6064<br>130 S Sheldon Ste. 305<br>Ames, IA 50010   | <ul style="list-style-type: none"> <li>▪ Workplace clothing for low-income residents who have found employment or are in the interview process</li> <li>▪ Call for hours</li> <li>▪ Must referred by DHS, ACCESS, MICA, WIC, Iowa Workforce Development, Beyond Welfare, or Emergency Residence Project</li> </ul> | <ul style="list-style-type: none"> <li>▪ Food</li> <li>▪ Clothing</li> <li>▪ Furniture Bank</li> </ul>  |
| Thielen Student Health Center   | 515-294-5801<br>Sheldon & Union Drive<br>Ames, IA 50011<br><a href="http://www.iastate.edu/~health/homepage">http://www.iastate.edu/~health/homepage</a>   | <ul style="list-style-type: none"> <li>▪ Health care and emergency medical services including mental health</li> <li>▪ Wellness center (free to ISU students) including nutrition &amp; fitness assessments and training, etc.</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Medical/Wellness</li> <li>▪ Ed/Counseling</li> </ul>   |
| USA Staffing                    | 515-663-0500<br>516 Lincoln Way<br>Ames, IA 50010<br><a href="http://www.iowajobcenter.org">http://www.iowajobcenter.org</a>   |  | <ul style="list-style-type: none"> <li>▪ Employment Assistance</li> <li>▪ Financial Assistance</li> </ul>   |
| USDA Rural Development          | 515-284-4663<br>210 Walnut St #873<br>Des Moines, IA   | <ul style="list-style-type: none"> <li>▪ Homeownership &amp; rental assistance to rural low-income families in Story County</li> <li>▪ Home renovation &amp; repair programs</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Housing</li> <li>▪ Employment/Financial Assistance</li> </ul>  |

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| Volunteer<br>Center of Story<br>County | 515-268-5323<br>130 S. Sheldon Ste. 201<br>Ames, IA 50010<br><a href="http://www.volunteerstorycountry.org">http://www.volunteerstorycountry.org</a>   | <ul style="list-style-type: none"> <li>▪ Maintains an online database of volunteer opportunities from nonprofit agencies, clubs, and organizations</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Volunteer</li> </ul>   |
| WIC<br>(part of MICA)                  | 515-956-3312<br>126 S Kellogg #101<br>Ames, IA 50010   | <ul style="list-style-type: none"> <li>▪ Food vouchers for mothers w/children ages 0-5</li> <li>▪ Nutrition education &amp; breastfeeding support (including pump rental)</li> <li>▪ Medical/dental wellness care</li> <li>▪ Prenatal &amp; postpartum care</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Medical/Wellness</li> <li>▪ Employment</li> <li>▪ Financial</li> <li>▪ Counseling</li> </ul> |
| Youth & Shelter<br>Services (YSS)      | 515-233-3141<br>Various locations in Story, Boone, Hamilton and Marshall counties<br><a href="http://www.yss.ames.ia.us">http://www.yss.ames.ia.us</a> | <ul style="list-style-type: none"> <li>▪ Substance abuse treatment programs</li> <li>▪ Individual &amp; Family Counseling</li> <li>▪ Support groups</li> <li>▪ Mentoring program (volunteer opportunities available)</li> <li>▪ Education &amp; prevention programs including dregs, steroids, healthy living, smoking cessation, sexual consequence, etc.</li> </ul> | <ul style="list-style-type: none"> <li>▪ Education</li> <li>▪ Counseling</li> <li>▪ Volunteer</li> </ul>                              |

\*Cambridge, Colo, Huxley, Nevada, Maxwell/Collins, Slater/Sheldahl, Story City and Zearing all have local food pantries

\*Goodwill/Salvation Army store locations throughout Story, Boone and other counties welcome volunteers