

## Goal Setting and Evaluation

Tutors: Please complete one worksheet for each tutee.

### Goal Setting- 1<sup>st</sup> Session

List three realistic goals that both the tutor and tutee agree will be accomplished by the end of the semester.

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

List how you will accomplish each of these goals.

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

**Assessment of Goals – complete once every four weeks** (You may pick up extra copies of this portion of the assessment in the Academic Success Center.)

Review your goals from the previous assessment. For each goal indicate if you are meeting that goal:

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

If you indicated that you are meeting that goal, list how you will continue to do so. If you are not meeting that goal indicate what you will change to make sure that goal is met.

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Please make any changes to your goals or adjust as necessary. Please write your redefined goals below:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

**Final Session:**

Were the goals met?

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

Why or Why not?

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

Tutors and Tutees: What can you do differently next semester and what will stay the same next semester for you?

Tutor: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Tutee: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_