

# Academic Success Center



## What is the Academic Success Center (ASC)?

The Academic Success Center is a collection of services and programs designed to help students reach their academic goals.

Our purpose is to help students succeed by providing a variety of solutions to meet academic needs.

We seek to enhance students' learning and academic success by:

- ◆ Providing individual and small group assistance for a wide range of academic disciplines
- ◆ Offering individual consultations to assess strengths and limitations and develop personalized action plans and goals
- ◆ Cultivating leadership opportunities and training students to assist students
- ◆ Facilitating educational programs designed to enhance learning
- ◆ Serving as a resource for student services and academic departments

## What are the Programs and Services?

Tutoring Services  
Supplemental Instruction  
Academic Intervention  
Psych 131: Academic Learning Skills  
Academic Consulting  
Academic Success Peer Educator Workshops  
Online Resources

## How Can I Contact the ASC?

Our main office is located in 1060 Hixson-Lied Student Success Center. For all programs, our phone number is 515-294-6624. For e-mail communication, use the following e-mail addresses:

**success@iastate.edu**  
Academic Consulting  
Psych 131  
Supplemental Instruction

**improvemygpa@iastate.edu**  
Academic Intervention

**tutorsrv@iastate.edu**  
Tutoring Services

Academic Success Center 1060 Hixson-Lied 294-6624

[www.dso.iastate.edu/asc/](http://www.dso.iastate.edu/asc/)

## Overview of the Programs and Services

### Tutoring Services

Tutoring is an on-going supplement to classroom learning and is available for most undergraduate courses. Tutoring occurs in consistent groups of up to four students, for up to three hours per week. Tutors can help students clarify course content, improve test taking, and meet course-based academic goals.

A fee of \$4-\$7 per hour is charged to students U-bill, and financial aid is available from a variety of sources. Students can apply on-line to receive a tutor or to become a tutor.

### Supplemental Instruction (SI)

Supplemental Instruction (SI) provides peer-facilitated study sessions for select challenging courses.

The study sessions are facilitated by SI Leaders, who have demonstrated competence in the course. Leaders facilitate at least three regularly-scheduled 50-minute sessions to help students with course content and study skills. Research shows that students who regularly participate in SI earn a ½ to 1 full letter grade higher than non-participants.

SI is like tutoring, except that it is free, participation is voluntary, and it is only offered for certain courses.

### Academic Intervention (AI)

The mission of the Academic Intervention (AI) program is to encourage and support students' persistence in and graduation from Iowa State. Interventions are designed to assist students' recognition of the obstacles interrupting their academic progress and achievement by promoting adviser meetings, providing individual academic consultations, and offering various academic resources.

### Psych 131

Psychology 131 is a one-credit-hour course designed to acquire a variety of skills and strategies to be successful. Test-taking, memory, reading, note-taking, time management and many other study skills are covered at length in Psychology 131. The course is graded as satisfactory or fail, and class size is small. Multiple sections are available both fall and spring semesters.

### Academic Consulting

Academic Consulting is a free service designed to aid students with individual academic challenges. General topics include:

- ◆ time management
- ◆ note-taking
- ◆ reading
- ◆ goal-setting
- ◆ test-taking
- ◆ test anxiety
- ◆ memory strategies
- ◆ other study skills

Academic Consultants are trained in teaching effective college success skills. All students can benefit from a review of their academic habits.

### Academic Success Peer Educators

An Academic Success Peer Educator is any student leader with a specific position on campus that includes responsibilities to serve peer students in an academic capacity. We offer workshops targeting this group of students. Workshop topics focus on helping develop the skills to assist to make a difference in the learning and academic progress of the Peer Educator's group. The schedule for these workshops is posted on our website and on the university calendar.

Students identifying as a Peer Educator are also welcome to contact the Academic Success Center for individual assistance with needs specific to their group.

### Online Academic Resources

Our website contains content pertaining to each of the listed programs and services. We also have online handouts for over 60 Academic Skills and Topics.

### Not Sure Where to Begin?

Just start by calling the Academic Success Center (294-6624) to get your questions answered or to schedule a one-on-one appointment.